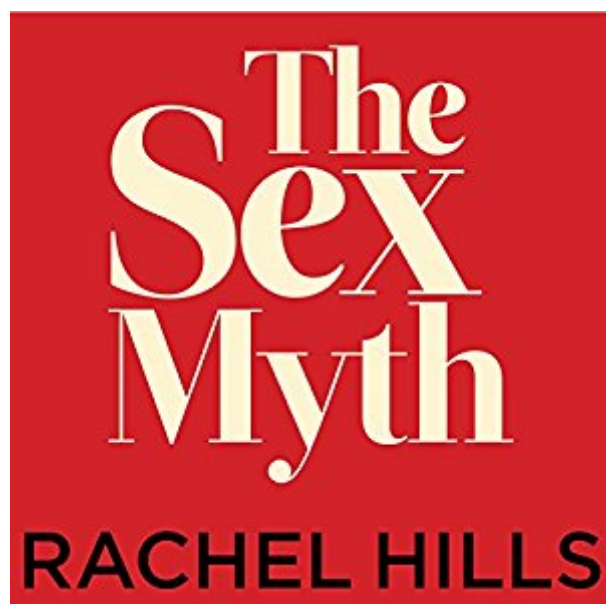


The book was found

# The Sex Myth: The Gap Between Our Fantasies And Reality



## Synopsis

Fifty years after the sexual revolution, we are told that we live in a time of unprecedented sexual freedom: that if anything, we are too free now. But beneath the veneer of glossy hedonism, millennial journalist Rachel Hills argues, we are controlled by a new brand of sexual convention: one that influences all of us - woman or man, straight or gay, liberal or conservative. At the root of this silent code lies the sex myth - the defining significance we invest in sexuality that once meant we were dirty if we did have sex and now means we are defective if we don't do it enough. Equal parts social commentary, pop culture, and powerful personal anecdotes from people across the English-speaking world, *The Sex Myth* exposes the invisible norms and unspoken assumptions that shape the way we think about sex today.

## Book Information

Audible Audio Edition

Listening Length: 6 hours and 27 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Tantor Audio

Audible.com Release Date: August 4, 2015

Whispersync for Voice: Ready

Language: English

ASIN: B01282F8UO

Best Sellers Rank: #19 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality #140 in Books > Medical Books > Psychology > Sexuality #159 in Books > Politics & Social Sciences > Social Sciences > Gender Studies > General

## Customer Reviews

Buy this book for yourself, for your friends, for your Tinder dates, and for anyone you know working behind the scenes at your favorite women's magazine â " because God knows we need a change in the way we talk about sex. Basically, I came away from it with two major lessons: 1) everyone is having way less sex and way less "adventurous" sex than you think; and 2) your sex life just doesn't have to \*matter\* so much in thinking about "what kind of a person" you are. It's just one aspect of your multifaceted personality, but it's been heavily overemphasized by said magazines, movie scripts, hook-up apps, etc...and it's time to expose that kind of manipulation and stop feeling bad about ourselves for 'not doing our twenties right' or 'not being cool enough' if life isn't a series of

walks of shame/strides of pride. I found another very valid point to be that sex doesn't have to be the constant defining factor of a relationship, either. "The Sex Myth isn't just a book for the angsty single person, it's really a book for everyone. The book is peppered with important statistics and fun anecdotes about the hundreds of interview subjects Hills has met along the way...and honestly, it dawned on me slowly. When it began, it felt like a 'sociological beach read.' A little fluffy. A quick read. I thought, what's the catch? The catch was that the epiphany that hits you in reading the last third of the book (after processing all of the said statistics and stories) will smack you in the face, make you realize you have to read the whole book again, and actually change the way you approach dating, sex, and relationships.

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